

# TREE HOUSE ACADEMY OF RICHMOND



## **April 2019**

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

BREAKFAST

Cheerios	Pancakes	Cinnamon	Corn Flakes	Waffles
Applesauce	Oranges	Toast	Oranges	Bananas
Milk	Milk	Bananas	Milk	Milk
		Milk		

## LUNCH A Week of 4/1/19 & 4/15/19 & 4/29/19

Beanie	Chicken	Grilled Cheese	Bean Burritos	Beef
Weenies	Alfredo w/	Corn	Green Beans	Tacos
Pineapples	Broccoli	Peaches	Oranges	Pinto Beans
Milk	Pears	Milk	Milk	Mixed Fruit
	Milk			Milk

### LUNCH B Week of 4/8/19 & 4/22/19

Mac & Cheese	Beef Spaghetti	Tuna Sandwich	Ham & Cheese	Chicken
Baked Beans	Peas	Corn	Roll Up	Tacos
Pineapples	Pears	Peaches	Green Beans	Pinto Beans
Milk	Milk	Milk	Oranges	Mixed Fruit
			Milk	Milk

### **PM SNACK**

Animal	Pretzels	Graham	Ritz Crackers	Goldfish
Crackers	100% Juice	Crackers	100% Juice	Crackers
100% Juice		100% Juice		100% Juice

- ♦ We serve water with every meal and after active play
- **♦ 12 months 24 months receives Whole Milk**
- ♦ 2 years 12 years receives 1 % Milk