



# TREE HOUSE ACADEMY OF RICHMOND

# MENU!

## September 2018

MONDAY      TUESDAY      WEDNESDAY      THURSDAY      FRIDAY

### BREAKFAST Week of 9/3/18 & 9/24/18

Rise Crispies Applesauce Milk	Blueberry Muffins Oranges Milk	Cinnamon Toast Bananas Milk	Corn Flakes Oranges Milk	Waffles Bananas Milk
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### LUNCH A Week of 9/3/18 & 9/17/18

Beanie Weenies Pineapples Milk	Chicken Alfredo w/ Broccoli Pears Milk	Grilled Cheese Corn Peaches Milk	Bean Burritos Green Beans Oranges Milk	Beef Tacos Pinto Beans Mixed Fruit Milk
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### LUNCH B Week of 9/10/18 & 9/24/18

Mac & Cheese Baked Beans Pineapples Milk	Beef Spaghetti Peas Pears Milk	Tuna Sandwich Corn Peaches Milk	Ham & Cheese Roll Up Green Beans Oranges Milk	Chicken Tacos Pinto Beans Mixed Fruit Milk
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### PM SNACK Week of 9/3/18 & 9/17/18

Animal Crackers 100% Juice	Pretzels 100% Juice	Graham Crackers 100% Juice	Ritz Crackers 100% Juice	Goldfish Crackers 100% Juice
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- ◇ We serve water with every meal and after active play
- ◇ 12 months - 24 months receives Whole Milk
- ◇ 2 years - 12 years receives 1 % Milk