

Menu for Week 1

February 19-23, 2018



<i>Week 1</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Breakfast	Bagels and Bananas Milk	Pancakes and Oranges Milk	Egg Sandwich Applesauce Milk	Oatmeal Pears Milk	Rice Chex and Bananas Milk
Age Appropriate Substitute					
Lunch	Grilled Cheese Carrots Fruit Cocktail Milk	Mini Corn Dogs Baked beans Peaches Milk	Chicken Nuggets Green Beans Pears Milk	Chicken Spaghetti Peas Pineapple Milk	Bean & Cheese Burritos Corn Mixed Fruit Milk
Age Appropriate Substitute					
PM Snack	Carrots w/ ranch 100% juice	String Cheese Pretzels Water	Strawberry muffins Milk	Yogurt Graham Crackers Water	Animal Crackers 100% juice
Age Appropriate Substitute					

Water is available to children throughout the day and at all meals and snacks. If no beverage is specified, the beverage offered will be water. All juice served is 100% full-strength fruit juice. Children (age 12-24 month) are served whole milk. After 24 months, all children are served 1% milk.

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (800) 795-3272.

Centers may substitute food items as necessary.



Menu for Week 2

February 26-March 2, 2018

<i>Week 2</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Breakfast	Trix Cereal Peaches Milk	Cinnamon Muffins Pears Milk	Biscuits Applesauce Milk	Pancakes Bananas Milk	Life Cereal Milk 100% juice
Age Appropriate Substitute					
Lunch	Hot Dog Mac & Cheese Green Beans Peaches Milk	Turkey and Cheese sandwiches Carrots Pineapple Milk	Chicken Burrito Bowl Ranch Style Beans Pears Milk	Star Fish Sticks Peas Pineapple Milk	Hot Dogs w/ Whole Grain Bun Corn Applesauce
Age Appropriate Substitute					
PM Snack	Yogurt Parfait with Fruit Water	Gold Fish 100% juice	Pretzels and String Cheese Water	Animal Crackers 100% juice	Cheese and crackers water
Age Appropriate Substitute					

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Menu for Week 3

January 29- February 2, 2018

<i>Week 3</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Breakfast	Trix Cereal Bananas Milk	Bagels 100% juice Milk	Strawberry muffins Pineapple Milk	Pancakes Peaches Milk	Life Cereal Pears Milk
Age Appropriate Substitute					
Lunch	Beanie Weanies Baked Beans Carrots Crackers Milk	Chicken Alfredo Peas Peaches Milk	Grilled Cheese Tator Tots Green beans Milk	Quesadilla's Ranch Style Beans Fruit Cocktail Milk	Mesquite Grilled Chicken Sandwiches Corn Green Beans Milk
Age Appropriate Substitute					
PM Snack	Big Round Tostada Pinto Beans Water	Animal Crackers Sliced cheese Water	Graham Crackers 100% juice	Chocolate Muffins Milk	Cheese and crackers Water
Age Appropriate Substitute					

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Menu for Week 4

February 12-16, 2018

<i>Week 4</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Breakfast	Trix cereal 100% juice Milk	Bisquits Applesauce Milk	Pancakes Peaches Milk	Strawberry muffins Mixed fruit Milk	Rice chex 100% juice Milk
Age Appropriate Substitute					
Lunch	Pizza Corn Pineapple Milk	Chicken and Rice Peas Mixed fruit Milk	Chicken Tacos Ranch style beans Pears Milk	Fish sticks Mashed potatoes Applesauce Milk	Turkey and cheese on whole wheat Carrots Peaches Milk
Age Appropriate Substitute					
PM Snack	Cheeze its String cheese	Pretzels 100% juice	Animal crackers 100% juice	Goldfish Sliced cheese	Yogurt Graham crackers
Age Appropriate Substitute					

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