

Tree House Academy Menu Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Whole Grain Pancake Apple Slices Milk	Cheerios ½ Banana Milk	Biscuits Jelly Diced Mango Milk	Whole Grain Waffle Orange Slices Milk	Cinnamon Whole Wheat Toast Mixed Fruit Milk
Lunch	Chicken Spaghetti w/Mozzerella Whole Wheat Bread Slice Green Beans Diced Peaches Milk	Fish Sticks Whole Wheat Bread Slice Mashed Potatoes Pineapple Milk	Salisbury Steak Whole Wheat Bread Slice Peas Pears Milk	Cowboy Beans w/ Ham bits Saltines Corn Mixed Fruit Milk	Whole Wheat English Muffin Cheese & Beef Pizza Diced Carrots Applesauce Milk
Snack	Goldfish Crackers White Grape Juice	Mango Milk	Cheese Sticks Saltines Water	Pretzels *Cheerios 100% White Grape Juice	Carrot Sticks *Goldfish Milk

*Twos & Under Substitutions

Tree House Academy Menu Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Whole Grain Waffle Orange Slices Milk	Cheerios ½ Banana Milk	Biscuit w/Jelly Diced Mangos Milk	English Muffin Apple Slices Milk	Whole Wheat Cinnamon Toast ½ Banana Milk
Lunch	Chicken Tenders ½ Whole Wheat Bread Slice Broccoli Peaches Milk	Macaroni & Cheese w/Cheddar & Ham bits ½ Whole Wheat Bread Slice Peas Pears Milk	Spaghetti w/Beef Mozzarella Cheese ½ Whole Wheat Bread Slice Green Beans Applesauce Milk	Chicken w/Cheddar Cheese Brown Rice Carrots Pineapple Milk	Meatloaf Whole Wheat Bread Slice Mashed Potatoes Orange Slices Milk
Snack	Whole Wheat Crackers Milk	Pretzels *Goldfish Crackers Milk	Saltines Cheese Slice Water	Goldfish Crackers 100% White Grape Juice	Carrot Sticks *Cheerios Milk

*Twos & Under Substitutions

Tree House Academy Menu Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Whole Wheat Pancake Orange Slices Milk	Cheerios ½ Banana Milk	Biscuit w/ Jelly Mangos Milk	Whole Wheat English Muffin Pears Milk	Whole Wheat Waffle Apple slices Milk
Lunch	Black Beans w/Cheddar Cheese Brown Rice Corn Applesauce Milk	Macaroni w/Cheddar Cheese & Ham Bits ½ Whole Wheat Bread Slice Broccoli Pears Milk	Fish Sticks ½ Whole Wheat Bread Slice Mashed Potatoes Peaches Milk	Chicken Spaghetti ½ Whole Wheat Bread Slice Green Beans Pineapple Milk	Hamburger w/Bun Peas Oranges Milk
Snack	Saltine Crackers & Slice Cheese White Grape Juice	Pretzels Cheese Stick *Cheerios Milk	Whole Wheat Crackers Milk	Goldfish Crackers White Grape Juice	Carrot Sticks *Cheerios Milk

***Twos & Under Substitutions**

Tree House Academy Menu Week 4

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Whole Grain Pancake Apple Slices Milk	Cheerios ½ Banana Milk	Biscuits & Jelly Diced Mango Milk	Whole Wheat English Muffin Peaches Milk	Whole Wheat Cinnamon Toast ½ Banana Milk
Lunch	Spaghetti w/Beef Shredded Mozzarella ½ Whole Wheat Bread Slice Broccoli Applesauce Milk	Chicken w/Cheddar Cheese Brown Rice Peas Pears Milk	Macaroni & Cheese w/Ham & Cheddar ½ Whole Wheat Bread Slice Green Beans Oranges Milk	Chicken & Shredded Cheddar Quesadilla Whole Wheat Tortilla Corn Pineapple Milk	Meat balls w/gravy Whole Wheat Bread Slice Mashed Potatoes Peaches Milk
Snack	Cheese Stick Saltines Water	Goldfish Crackers White Grape Juice	Banana Milk	Pretzels *Saltines Milk	Carrot Sticks *Goldfish Apple Juice

*Twos & Under Substitutions