



Menu for Week 1

October 1-5

<i>Week 1</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>Breakfast</i>	Kix cereal Bananas Milk	Pancakes Oranges Milk	Bagels w/ jelly Oranges Milk	Biscuits w cinnamon butter Oranges Milk	Life Cereal Pears Milk
Age Appropriate Substitute					
<i>Lunch</i>	BBQ Chicken Slice of Bread Tator Tots Mandarin Oranges Milk	Turkey on Whole Wheat bread Carrot sticks w/ ranch Applesauce Milk	Chicken Spaghetti Peas Pears Milk	Hot Dogs Baked Beans Peaches Milk	Burrito Bowl Corn Pineapple Milk
Age Appropriate Substitute					
<i>PM Snack</i>	Goldfish 100% Juice Water	Animal Crackers Milk	Graham Crackers 100% Juice Water	Kix Cereal Milk	Cheez Its 100% Juice Water
Age Appropriate Substitute					

Water is available to children throughout the day and at all meals and snacks. If no beverage is specified, the beverage offered will be water. All juice served is 100% full-strength fruit juice. Children (age 12-24 month) are served whole milk. After 24 months, all children are served 1% milk.

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (800) 795-3272.

Centers may substitute food items as necessary.



Menu for Week 2

October 8-12

<i>Week 2</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>Breakfast</i>	Kix cereal Pears Milk	Pancakes Peaches Milk	Bagels w/ jelly Mandarin Oranges Milk	Biscuits w/ jelly Pineapple Milk	Life cereal 100% juice Milk
Age Appropriate Substitute					
<i>Lunch</i>	Chicken & Rice Peas Mandarin Oranges Milk	Mini Corn Dogs Tator Tots Pears Milk	English Muffin Pizza Pineapple Carrots w/Ranch Milk	Chicken Nuggets Mashed Potatoes Green Beans Milk	Chicken Tacos Ranch Style Beans Peaches Milk
Age Appropriate Substitute					
<i>PM Snack</i>	Goldfish 100% juice Water	Animal Crackers Milk	Graham Crackers 100% Juice	Cheese its 100% juice Water	Wheat Crackers String cheese Water
Age Appropriate Substitute					

Water is available to children throughout the day and at all meals and snacks. If no beverage is specified, the beverage offered will be water. All juice served is 100% full-strength fruit juice. Children (age 12-24 month) are served whole milk. After 24 months, all children are served 1% milk.

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Menu for Week 3

October 15-19

<i>Week 3</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>Breakfast</i>	Kix cereal Bananas Milk	Pancakes Oranges Milk	Bagels w/ jelly Oranges Milk	Biscuits w cinnamon butter Oranges Milk	Life Cereal 100% juice Milk
Age Appropriate Substitute					
<i>Lunch</i>	BBQ Chicken Tator Tots Mandarin Oranges Milk	Turkey on Whole Wheat bread Carrot sticks w/ ranch Applesauce Milk	Chicken Spaghetti Peas Pears Milk	Hot Dogs Baked Beans Peaches Milk	Burrito Bowl Corn Pineapple Milk
Age Appropriate Substitute					
<i>PM Snack</i>	Goldfish 100% Juice Water	Animal Crackers Milk	Graham Crackers 100% Juice Water	Kix Cereal Milk	Cheez Its 100% Juice
Age Appropriate Substitute					

Water is available to children throughout the day and at all meals and snacks. If no beverage is specified, the beverage offered will be water. All juice served is 100% full-strength fruit juice. Children (age 12-24 month) are served whole milk. After 24 months, all children are served 1% milk.

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Centers may substitute food items as necessary.



Menu for Week 4

October 22-26

<i>Week 4</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>Breakfast</i>	Kix cereal Bananas Milk	Pancakes Peaches Milk	Bagels w/ jelly Mandarin oranges Milk	Biscuits w/ jelly Pineapple Milk	Life cereal 100% juice Milk
Age Appropriate Substitute					
<i>Lunch</i>	Chicken & Rice Peas Mandarin Oranges Milk	Mini Corn Dogs Tator Tots Pears Milk	English Muffin Pizza Pineapple Carrots w/Ranch Milk	Chicken Nuggets Mashed Potatoes Green Beans Milk	Chicken Tacos Ranch Style Beans Peaches Milk
Age Appropriate Substitute					
<i>PM Snack</i>	Goldfish 100% juice Water	Animal Crackers Milk	Graham Crackers 100% Juice	Cheez its 100% juice Water	Whole wheat crackers String Cheese Water
Age Appropriate Substitute					

Water is available to children throughout the day and at all meals and snacks. If no beverage is specified, the beverage offered will be water. All juice served is 100% full-strength fruit juice. Children (age 12-24 month) are served whole milk. After 24 months, all children are served 1% milk.

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Centers may substitute food items as necessary.

