



Menu for Week 5

October 29-November 2

<i>Week 1</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>Breakfast</i>	Kix cereal Bananas Milk	Pancakes Oranges Milk	Bagels w/ jelly Oranges Milk	Biscuits w cinnamon butter Oranges Milk	Life Cereal Pears Milk
Age Appropriate Substitute					
<i>Lunch</i>	BBQ Chicken Slice of Bread Tator Tots Mandarin Oranges Milk	Turkey on Whole Wheat bread Carrot sticks w/ ranch Applesauce Milk	Chicken Spaghetti Peas Pears Milk	Hot Dogs Baked Beans Peaches Milk	Burrito Bowl Corn Pineapple Milk
Age Appropriate Substitute					
<i>PM Snack</i>	Goldfish 100% Juice Water	Animal Crackers Milk	Graham Crackers 100% Juice Water	Kix Cereal Milk	Cheez Its 100% Juice Water
Age Appropriate Substitute					

Water is available to children throughout the day and at all meals and snacks. If no beverage is specified, the beverage offered will be water. All juice served is 100% full-strength fruit juice. Children (age 12-24 month) are served whole milk. After 24 months, all children are served 1% milk.

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