



TREE HOUSE ACADEMY OF RICHMOND

MENU!

October 2018

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

BREAKFAST Week of 10/1/18 & 10/26/18

Rise Crispies Applesauce Milk	Blueberry Muffins Oranges Milk	Cinnamon Toast Bananas Milk	Corn Flakes Oranges Milk	Waffles Bananas Milk
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LUNCH A Week of 10/1/18 & 10/12/18

Beanie Weenies Pineapples Milk	Chicken Alfredo w/ Broccoli Pears Milk	Grilled Cheese Corn Peaches Milk	Bean Burritos Green Beans Oranges Milk	Beef Tacos Pinto Beans Mixed Fruit Milk
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LUNCH B Week of 10/15/18 & 10/26/18

Mac & Cheese Baked Beans Pineapples Milk	Beef Spaghetti Peas Pears Milk	Tuna Sandwich Corn Peaches Milk	Ham & Cheese Roll Up Green Beans Oranges Milk	Chicken Tacos Pinto Beans Mixed Fruit Milk
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PM SNACK Week of 10/1/18 & 10/26/18

Animal Crackers 100% Juice	Pretzels 100% Juice	Graham Crackers 100% Juice	Ritz Crackers 100% Juice	Goldfish Crackers 100% Juice
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- ◇ We serve water with every meal and after active play
- ◇ 12 months - 24 months receives Whole Milk
- ◇ 2 years - 12 years receives 1 % Milk